

## INTERNATIONAL WORKSHOPS ON DIABETES

*“To personalise diabetes care.  
Acceptance and commitment diabetes care and flexible insulin  
pump therapy.”*



We have the honour to invite you to take part in the first international workshops on diabetes which will be held in Warsaw  
on 20<sup>th</sup> of November 2015  
at the Mercure Grand Hotel, 28 Krucza Street, Warsaw.

Organizer

The Institute of Diabetology in Warsaw

Main sponsor

Roche Diabetes Care Polska

It is my pleasure to invite you to participate in the international workshops on diabetes, “To personalise diabetes care. Acceptance and commitment diabetes care and flexible insulin pump therapy.” will be held in Warsaw at the Mercure Grand Hotel, 28 Krucza Street, on 20<sup>th</sup> of November, 2015.

The purpose of the meeting will be to exchange the experiences of international scientific communities and to discuss how to personalize insulin therapy respecting patients’ needs and condition.

For the first time, thanks to insulin pumps, we can fully control and adopt the insulin in daily life. We can build flexible, patient-centric model of therapy. Diet and nutrition seem to be the main principles in every one human being life. Therefore our meeting will be devoted to the new concept of prandial insulin dosage which allows saving patient’s condition without metabolic deterioration respecting their different life style, nutrition and diet.

We will present the theoretical fundament of new concept in meal insulin programming. We will practices how to do it, how to educate and how to enhance patients’ skill in meal insulin adjusting. The summary of our workshops will be a discussion and exchange of experiences between diabetes centers.

We hope that the range of the planned topics covers your interests and warmly encourage you to participate in the workshops.

Please be also informed that the day before our workshops (November 19<sup>th</sup> at 8 PM in Mercure Grand Hotel) we are planning to organize a dinner. For more information about the meeting and details about the planned dinner please visit our website

<http://instytutdiabetologii.pl/en/>

Respectfully

Professor Ewa Pańkowska

Institute of Diabetology